

International Pediatric Sleep Association (IPSA) presents

7th Congress

ipsa ONLINE

October 27-29, 2022

Join us for IPSA Online 2022

You are invited to participate in the 7th International Pediatric Sleep Association (IPSA) Congress, being held virtually October 27-29, 2022. This biennial congress serves as a premier event on the pediatric sleep medicine international calendar. Clinicians, basic scientists, and clinical investigators, educators, sleep health advocates, and public policy makers from around the globe will come together to present the latest cutting-edge research, explore innovative solutions to current challenges, and provide an unparalleled opportunity for international collaboration in the field of pediatric sleep.

Keynote Speakers

Friday, October 28, 2022
1:30pm to 2:25pm UTC



Peter Franzen, PhD (United States)

Sleep as a risk factor for depression and suicide in youth: A promising target for improving mental health?

Saturday, October 29, 2022
7:30pm to 8:25pm UTC



Lourdes DelRosso, MD, PhD (United States)

Restless sleep and iron deficiency:
Future directions

Sunday, October 30, 2022
1:00am to 1:55am UTC



Fan Jiang, MD, PhD (China)

Sleep, developing brain and early
childhood development

IPSA's
first pro-con
debate!

The use of home
oximetry



3
Keynotes



Special
Sessions

To view the full scientific program and
to register visit pedsleep.org/science

13
Symposia

30
Poster
Abstracts

Industry
Symposium



Exhibitors
& Sponsors

6
Courses

26
Oral
Abstracts

View on demand courses &
symposia on the next page

On Demand Courses

All courses available on demand from October 27, 2022 until April 1, 2023

COURSE 1

Year in review

Co-chairs: Paul Gringras (United Kingdom) and Magda Nunes (Brazil)

COURSE 2

Insomnia in children

Co-chairs: Oliviero Bruni (Italy) and Jodi Mindell (United States)

COURSE 3

Non-invasive ventilation in pediatrics

Chair: Jasneek Chawla (Australia)

COURSE 4

Sleep and mental health in adolescence

Chair: Sarah Blunden (Australia) and Guanghai Wang (China)

Bonus Courses from IPSA Online 2021

Establishing a pediatric sleep program

Chair: Judith Owens (United States)

Movement disorders and parasomnias/epilepsy

Chair: Oliviero Bruni (Italy)

Symposia

For specific times of each presentation, see the schedule at a glance on page 6 of the scientific program at pedsleep.org/science

S01: Creating sleep solutions:

Translating parents' concerns about sleep and their child's seizures into digital therapeutics

Chair: Paul Gringras (United Kingdom)

S02: COVID-19 lifestyle changes across continents, its impact on childhood sleep

Co-Chairs: Karen Spruyt (France) and Oliviero Bruni (Italy)

S03: The perils and promise of digital tools for pediatric sleep assessment and management

Chair: Luci Wiggs (United Kingdom)

S04: The disruptive individual with ADHD in sleep & wake-medicine in a transcultural Context

Chair: Osman Ipsiroglu (Canada)

S05: Sleep-disordered breathing and cognition function in children

Chair: Zhifei Xu (China)

S06: Impact of the exposome on sleep in infants, children, and adolescents

Chair: Madeleine Grigg-Damberger (United States)

S07: Practice of pediatric sleep medicine in developing countries: Primary steps and challenges

Chair: Shabnam Jalilolghadr (Iran)

S08: PROMS or PMOs: A protocol by clinicians, patients, and engineers to study sleep after concussion in children

Chair: Osman Ipsiroglu (Canada)

S09: Safety considerations in a pediatric sleep lab

Chair: Judith Owens (United States)

S10: Can we improve sleep in children with Down syndrome?

Chair: Rosemary Horne (Australia)

S11: Outcomes of adenotonsillectomy in childhood obstructive sleep apnea

Chair: Kate Ching Ching Chan (Hong Kong, China)

S12: Neural circuits underlying sleep/wakefulness regulations

Chair: Xiaohong Cai (China)

S13: Sleep problems in youth: What do we know and what can we do?

Chair: Jihui Zhang (China)

Oral Abstract Sessions

Friday, October 28, 2022
6:00pm to 7:30pm UTC

SESSIONS 1 & 2

Saturday, October 29, 2022
8:30pm to 10:00pm UTC

SESSIONS 3 & 4

Poster Abstract Sessions

Friday, October 28, 2022
11:45pm to 12:15am UTC

SESSIONS 1 & 2

Saturday, October 29, 2022
12:15am to 12:45am UTC

SESSIONS 3 & 4

Saturday, October 29, 2022
6:45pm to 7:15pm UTC

SESSIONS 5 & 6